

# Quels outils prédictifs du remplissage ? La variation de la veine cave inférieure

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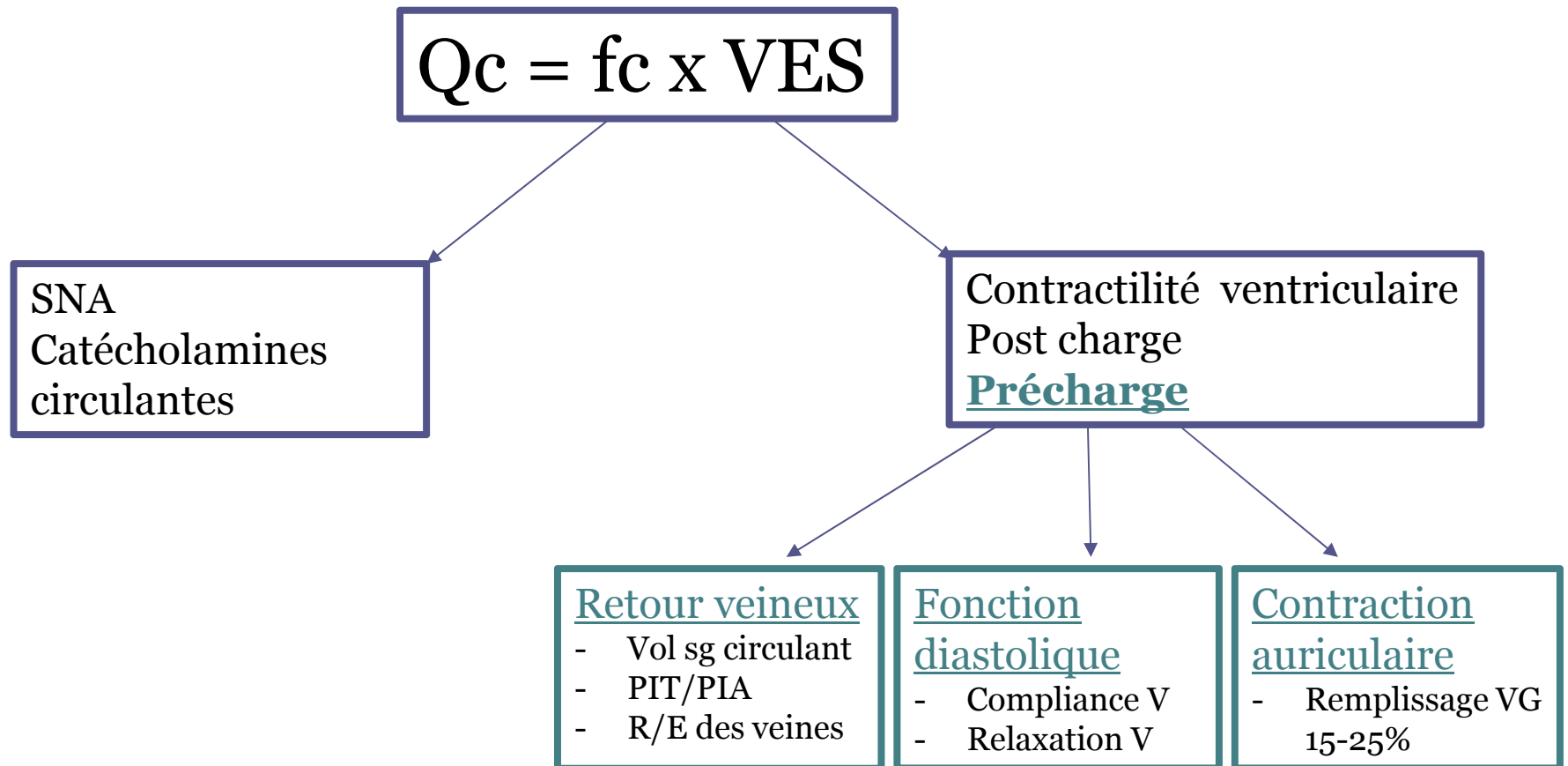
Tuteur : Pr Julien Maizel

DESC de Réanimation

21 octobre 2016 - Caen

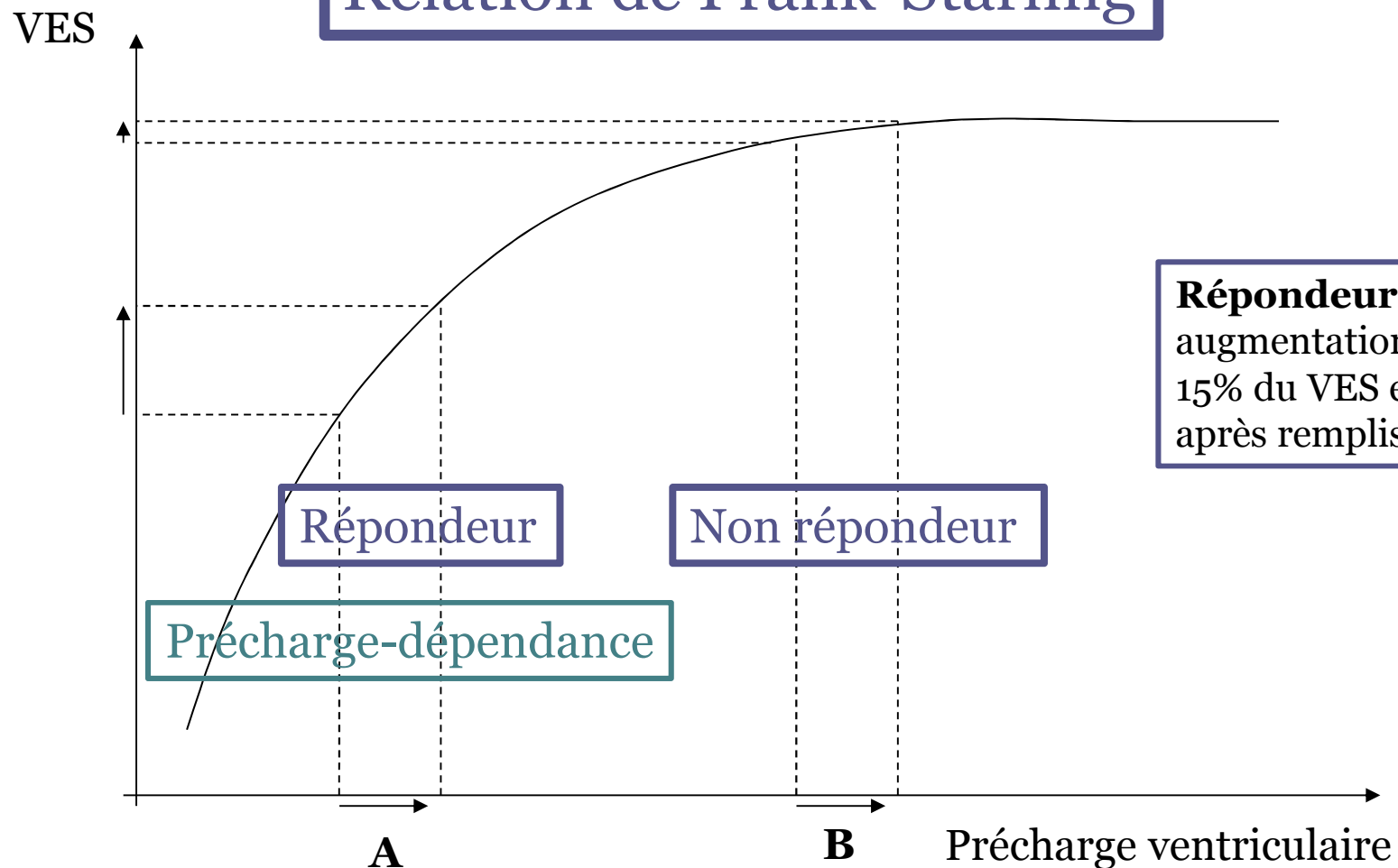


# Introduction



# Précharge-dépendance

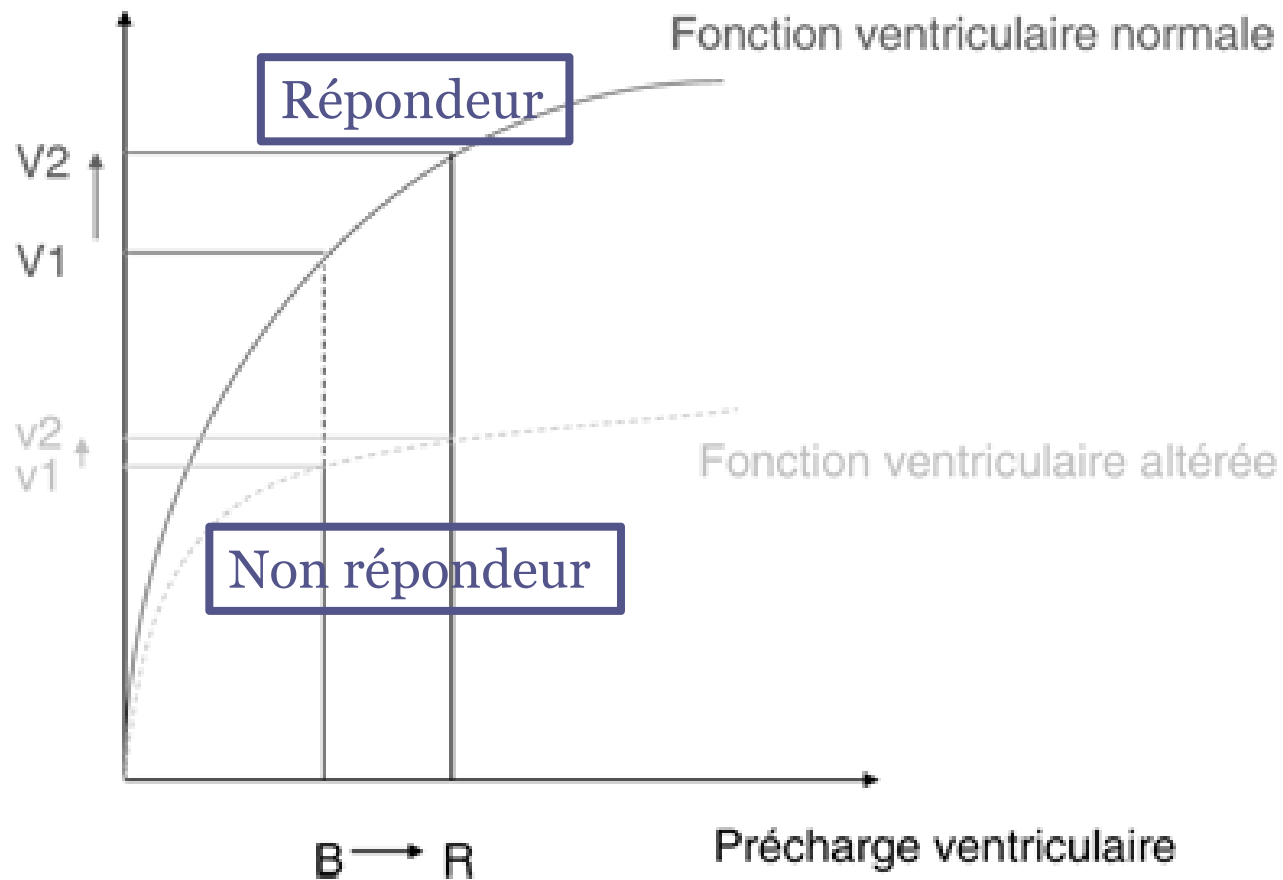
## Relation de Frank-Starling



**Répondeur** =  
augmentation de 10-  
15% du VES et ou Qc  
après remplissage

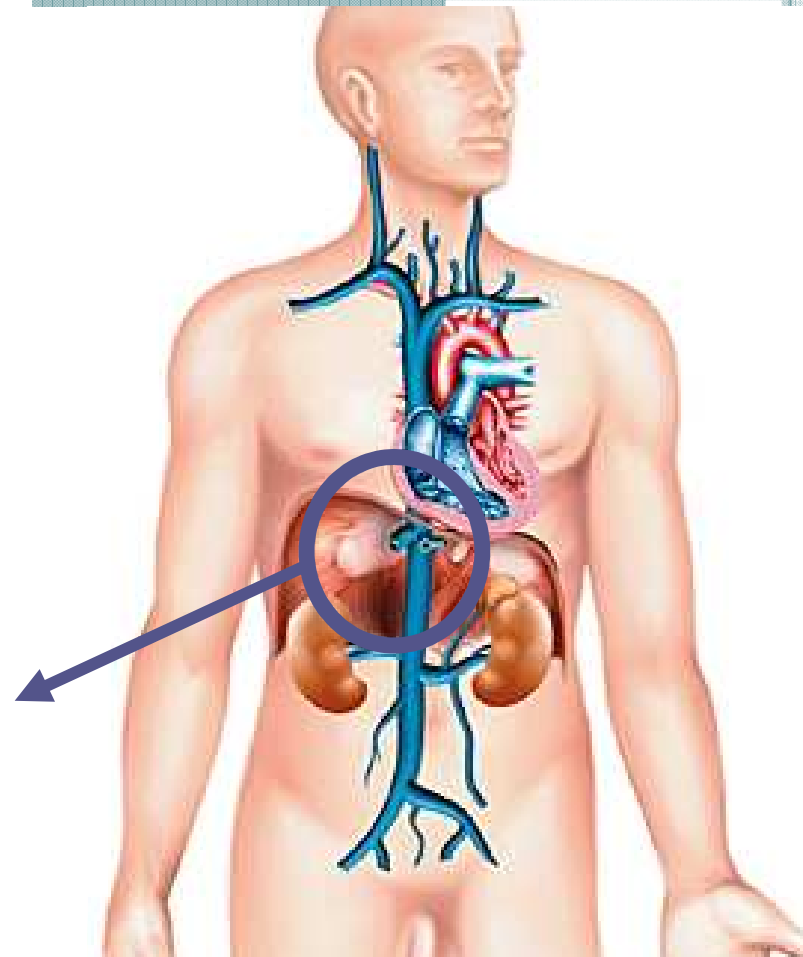
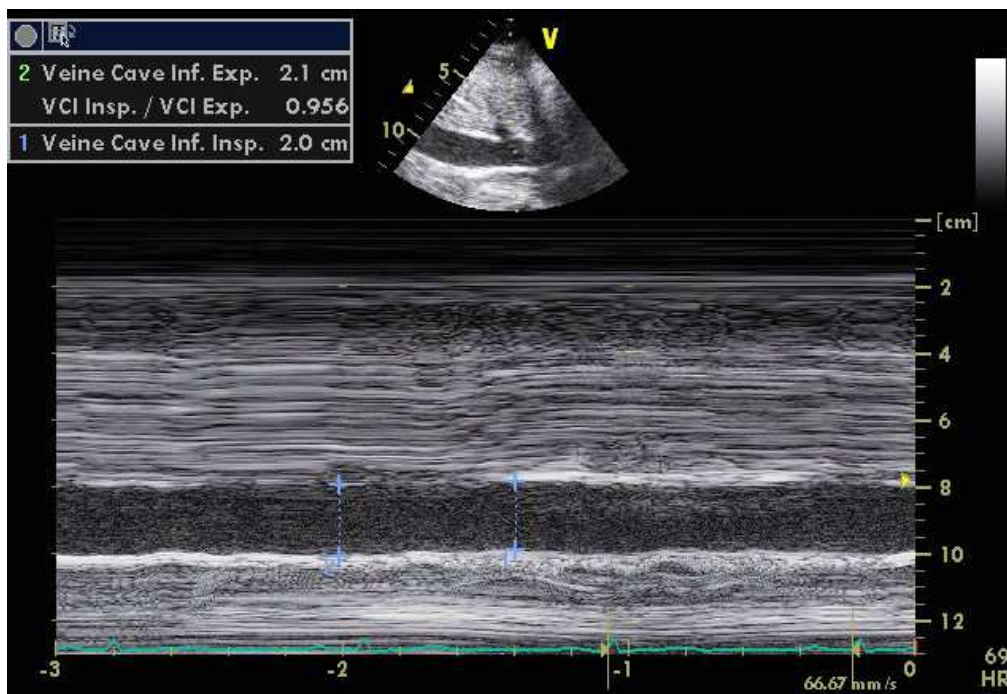
# Relation de Frank-Starling

Volume d'éjection systolique



# Introduction

- ETT
- Voie sous-costale
- Mode TM
- 1 à 2 cm avant l'OD



# Introduction

- Diamètre VCI dépend de :
  - Pression intra-murale du vaisseau
    - Varie en fonction du volume sanguin circulant
  - Pression extra-murale du vaisseau
    - Dépendante de la pression intra-abdominale



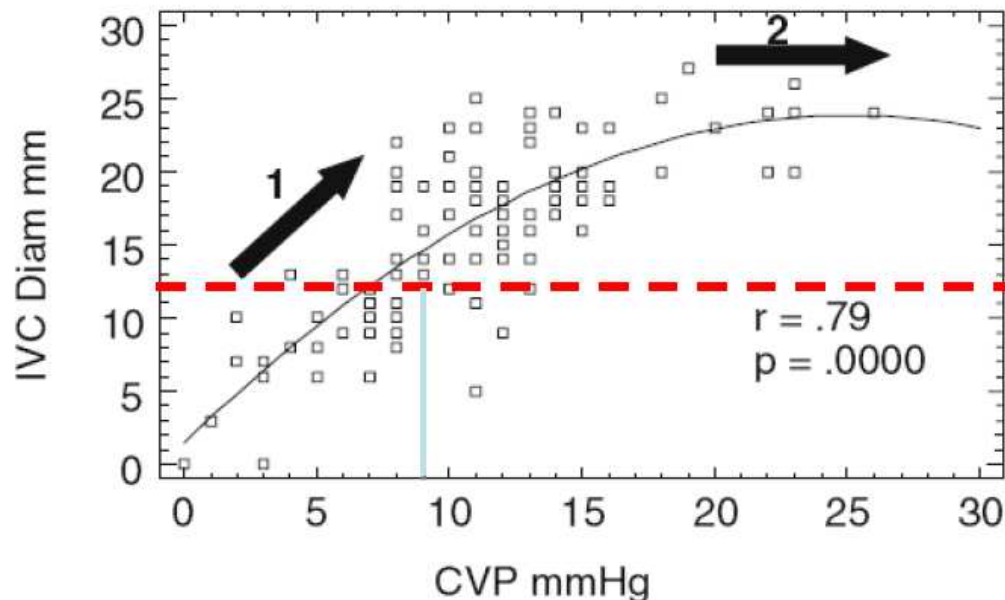
Les variations de la VCI en...

# Ventilation Contrôlée

# Ventilation contrôlée

## Paramètre statique

- Pression veineuse centrale
  - Estimée par mesure du diamètre de la VCI
    - $\emptyset < 10-12$  mm = +/- prédictif d'une réponse au remplissage



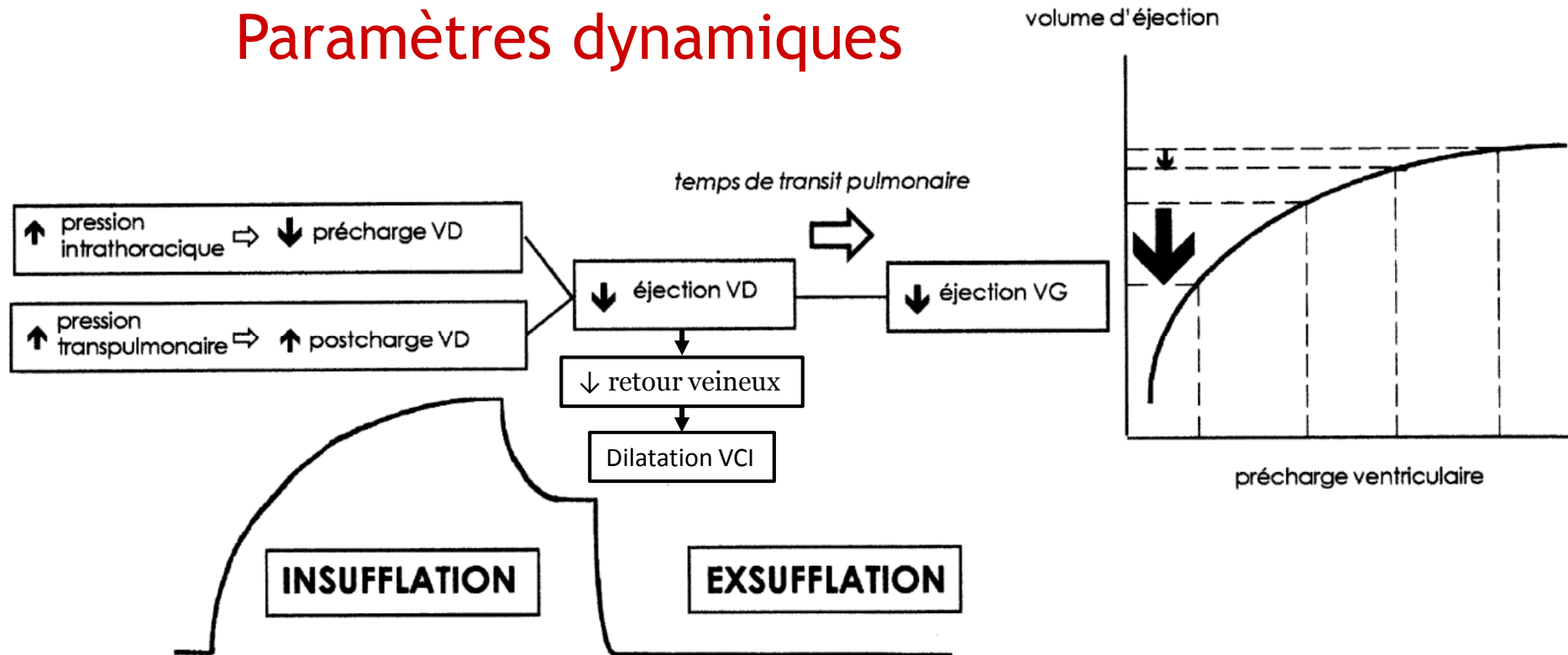
$\emptyset$  VCI  $< 12$  mm = POD  $< 10$  mmHg  
(Se = 100% ; Sp = 25%)

$\emptyset$  VCI  $> 12$  mm = NON prédictif



# Ventilation contrôlée

## Paramètres dynamiques



- Variabilité respiratoire importante  $\approx$  retentissement important de la ventilation sur le retour veineux systémique  $\approx$  précharge-dépendance

# Ventilation contrôlée

## Paramètres dynamiques

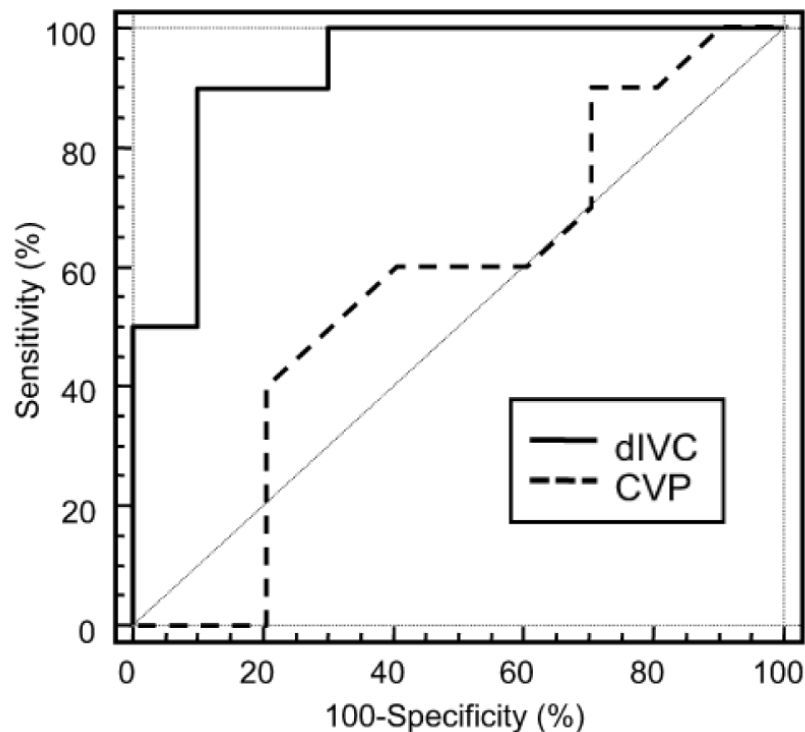
"Indice de distensibilité"

$$dIVC = \frac{IVC_{max} - IVC_{min}}{IVC_{min}} > 18 \%$$

$$\Delta IVC = \frac{IVC_{max} - IVC_{min}}{0,5(IVC_{max} + IVC_{min})} > 12 \%$$

# Ventilation contrôlée

## Paramètres dynamiques

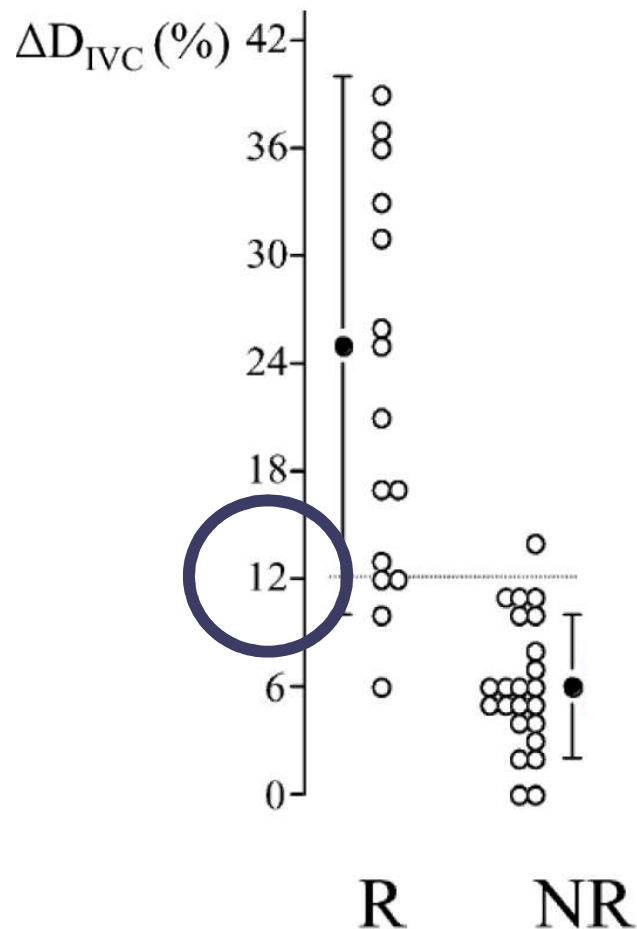
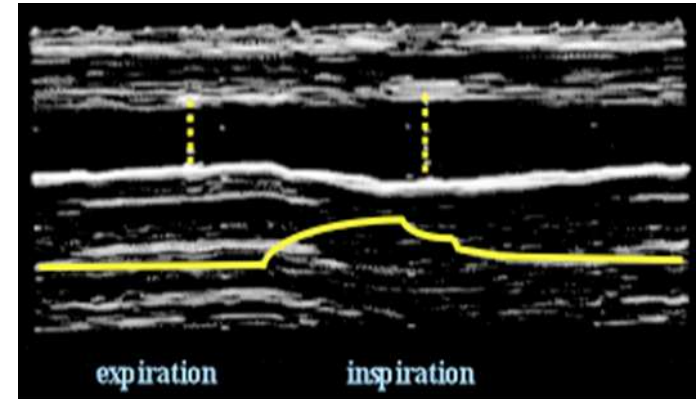


dIVC > 18%  
Se = 90%  
Sp = 90%  
AUC = 0,91

Barbier C et al. Respiratory changes in inferior vena cava diameter are helpful in predicting fluid responsiveness in ventilated septic patients. Intensive Care Med 2004.

# Ventilation contrôlée

## Paramètres dynamiques



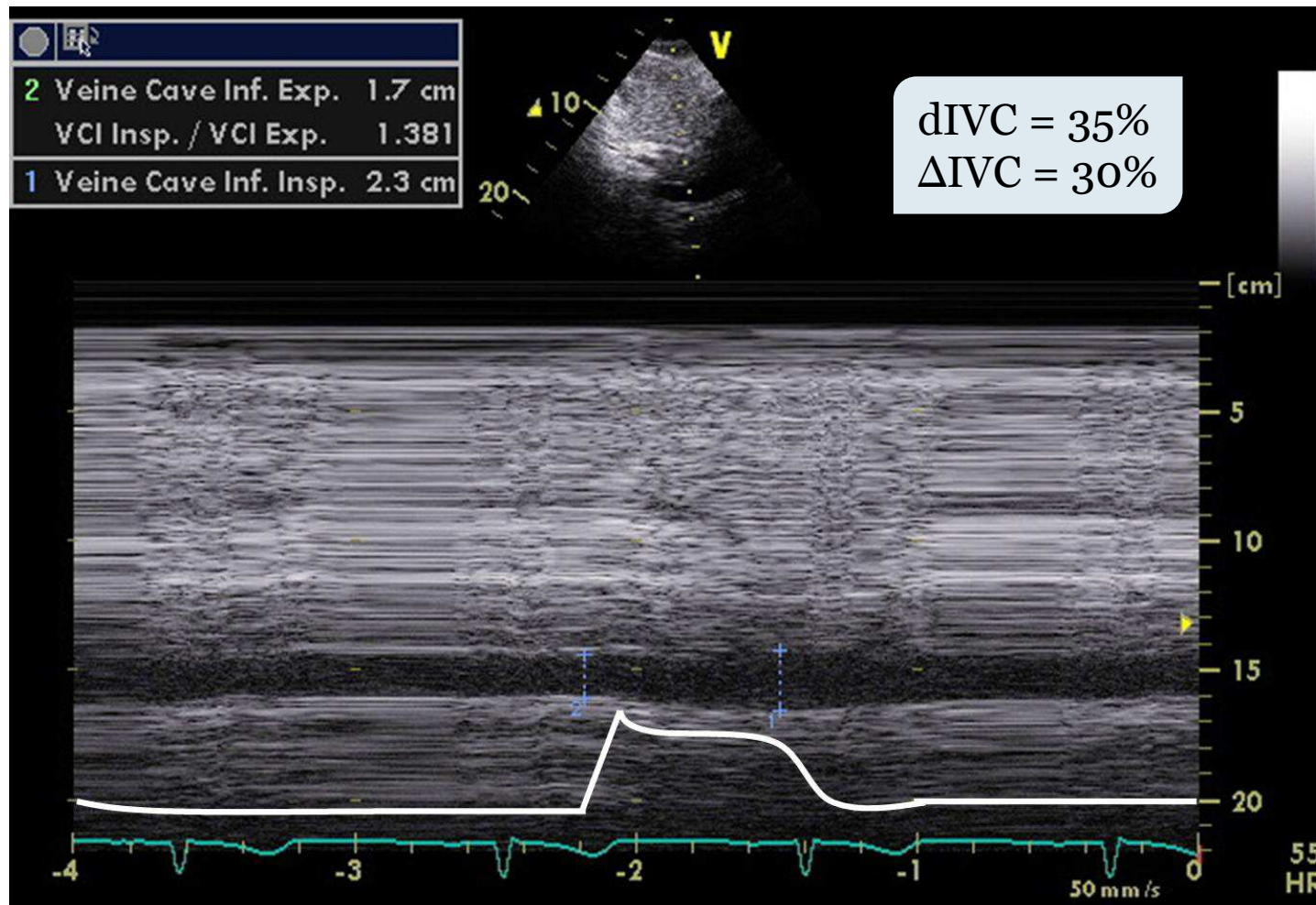
$\Delta IVC > 12\%$   
Se = 93%  
Sp = 92%  
AUC = 0,91

- 39 patients
- Choc septique
- VM
- $V_t > 7 \text{ ml/kg}$

Feissel M et al. The respiratory variation in inferior vena cava diameter as a guide to fluid therapy. Intensive Care Med 2004.

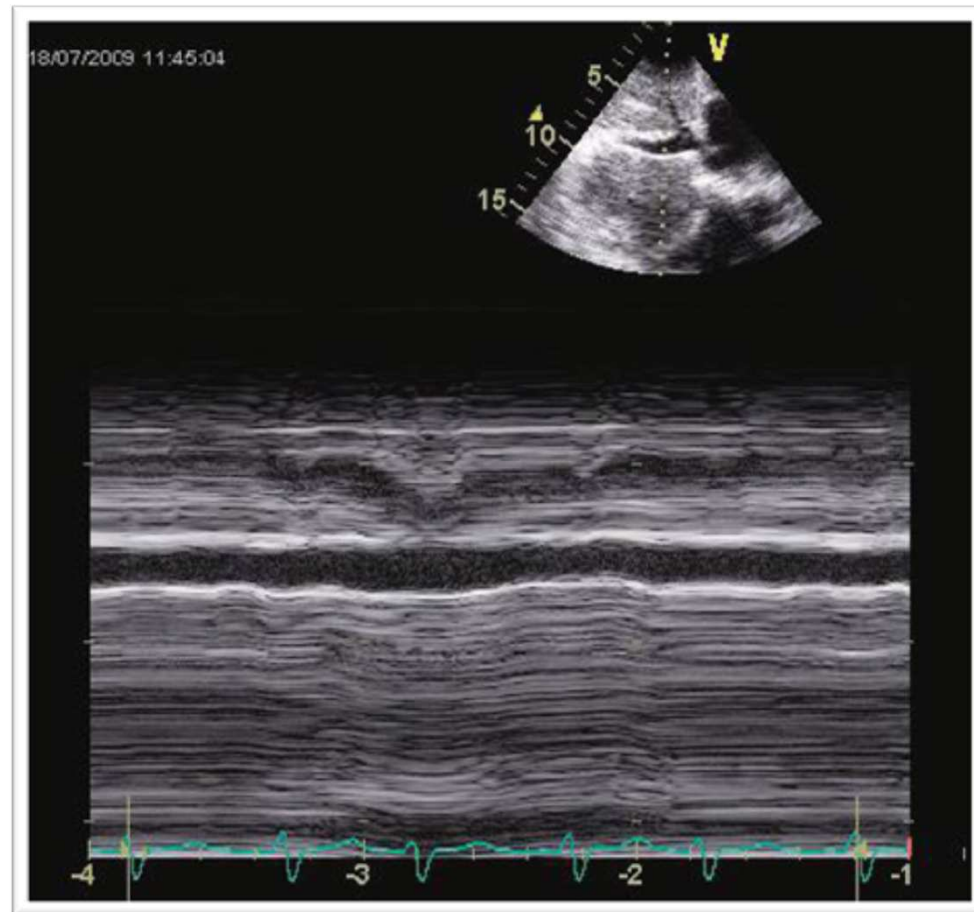
# Ventilation contrôlée

## Paramètres dynamiques



# Ventilation contrôlée

## Paramètres dynamiques



Slama et Maizel, Hemodynamic monitoring using echocardiography in the critically ill, 2011

# Ventilation contrôlée

## Paramètres dynamiques

- Limites d'utilisation
  - PEP haute ( $> 12$ ) et/ou  $V_t$  bas ( $< 7-8$  ml/kg)
  - VSAI/VNI/CPAP/VS
  - Compliance pulmonaire basse – asthme - exacerbation de BPCO
  - Dysfonction VD/IT
  - Infarctus myocardique, tamponnade
  - HTIA/syndrome du compartiment abdominal
  - Sténose/thrombose/masse compressive/filtre cave/canule d'ECMO



Les variations de la VCI en...

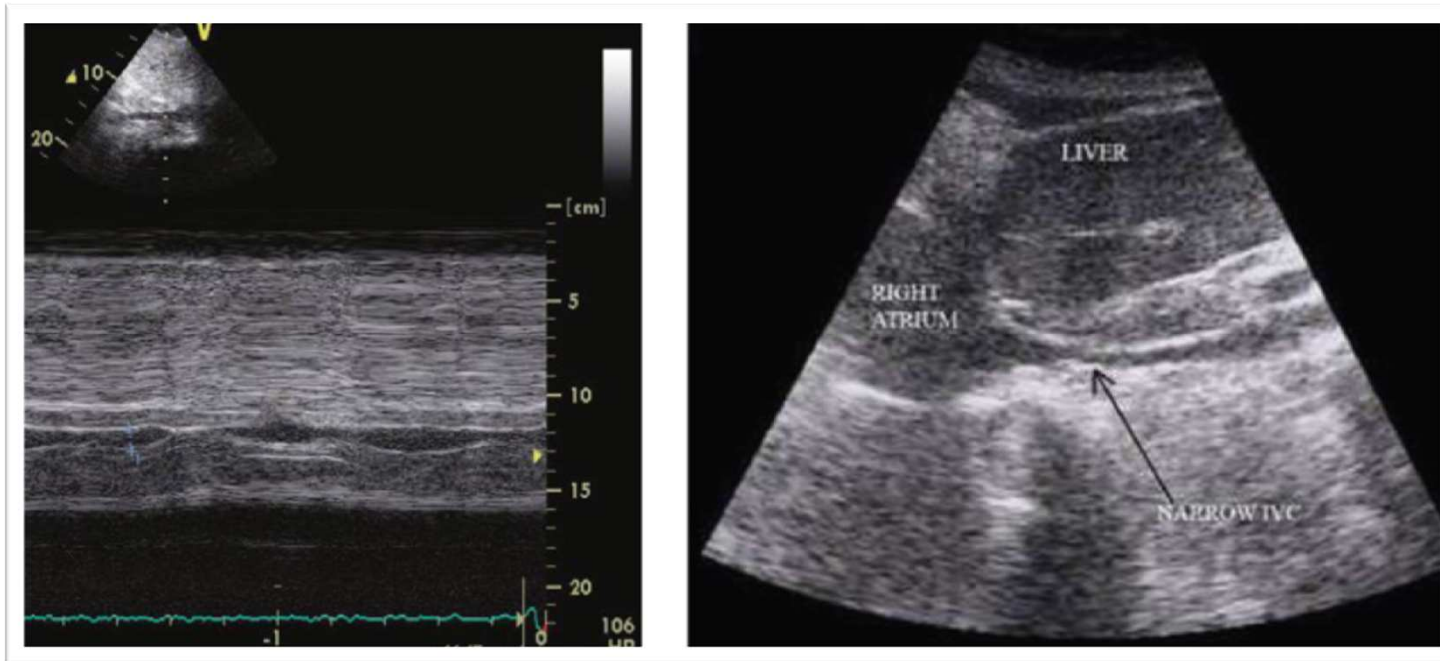
**Ventilation  
Spontanée**



# Ventilation spontanée

## Paramètre statique

- Diamètre VCI télé-expiratoire < 10 mm
  - = POD < 10 mmHg



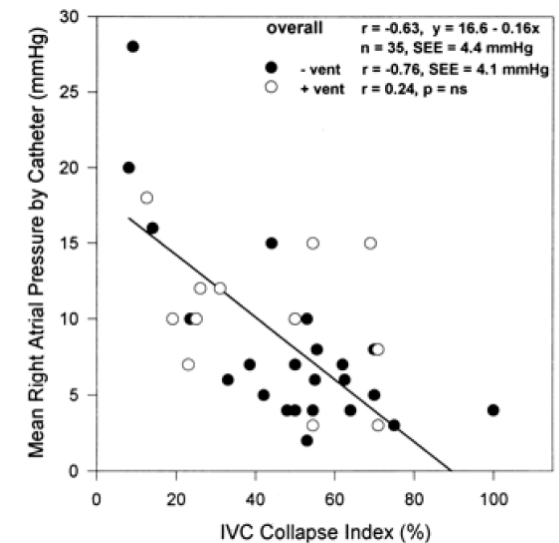
# Ventilation spontanée

## Paramètre dynamique

- Diminution inspiratoire de la VCI = **index de collapsibilité**

$$cIVC = \frac{IVC_{max} - IVC_{min}}{IVC_{min}}$$

- $cVCI > 50\% = PVC (POD) < 10 \text{ mmHg}$ 
  - $Se = 87\% ; Sp = 82\%$



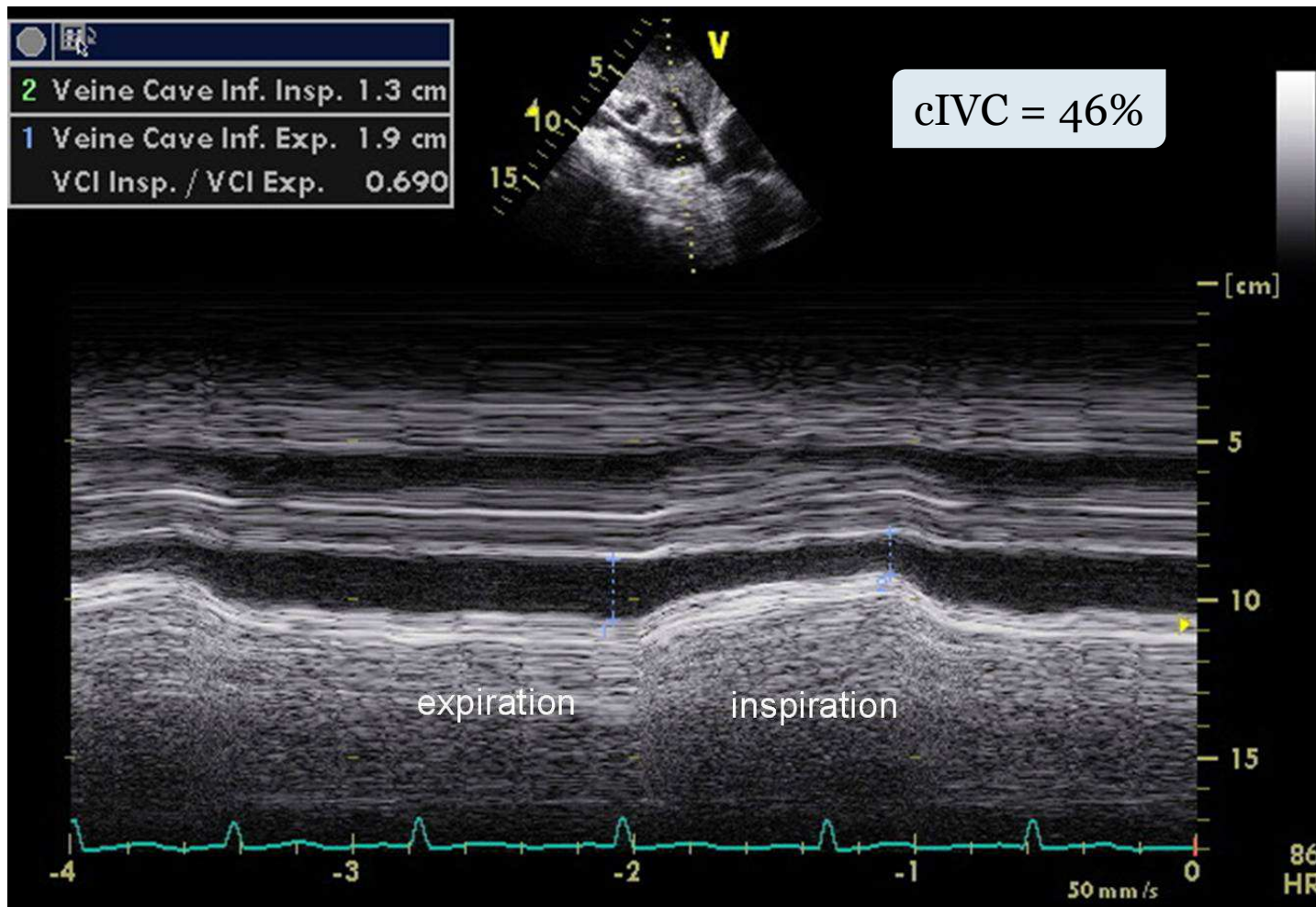
Nagueh et al. Circulation, 1996

- Attention :
  - Prédicatif du remplissage avec bonne Sp mais mauvaise Se
  - Non applicable si dysfonction VD ou péricardite constrictive

Kirscher et al. Noninvasive estimation of right atrial pressure from the inspiratory collapse of the inferior vena cava. Am J Cardiol, 1990

# Ventilation spontanée

## Paramètre dynamique



# Ventilation spontanée

- 59 patients en VS
- ETT : ITV, VES, Qc, cIVC.
  - Initial - Après manœuvre de levée de jambe (PLR) - Après 500 ml NaCl 0,9%

	Responders (n = 29)	Nonresponders (n = 30)	p
IVCmin, mm			
Baseline	11 ± 5	14 ± 5	0.04
PLR	16 ± 4*	15 ± 6	0.52
Volume expansion	12 ± 5	16 ± 5*	0.004
IVCmax, mm			
Baseline	17 ± 4	19 ± 4	0.07
PLR	19 ± 4	19 ± 5	0.90
Volume expansion	16 ± 4	19 ± 5	0.01

cIVC, %		Se	Sp	LR+	LR-	PPV	NPV
Baseline	35 ± 16	31 %	97 %	9	0.7	90 %	59 %
PLR	19 ± 10*	93 %	33 %	1.4	0.2	57 %	83 %
Volume expansion	18 ± 10*	52 %	87 %	4	0.6	79 %	65 %

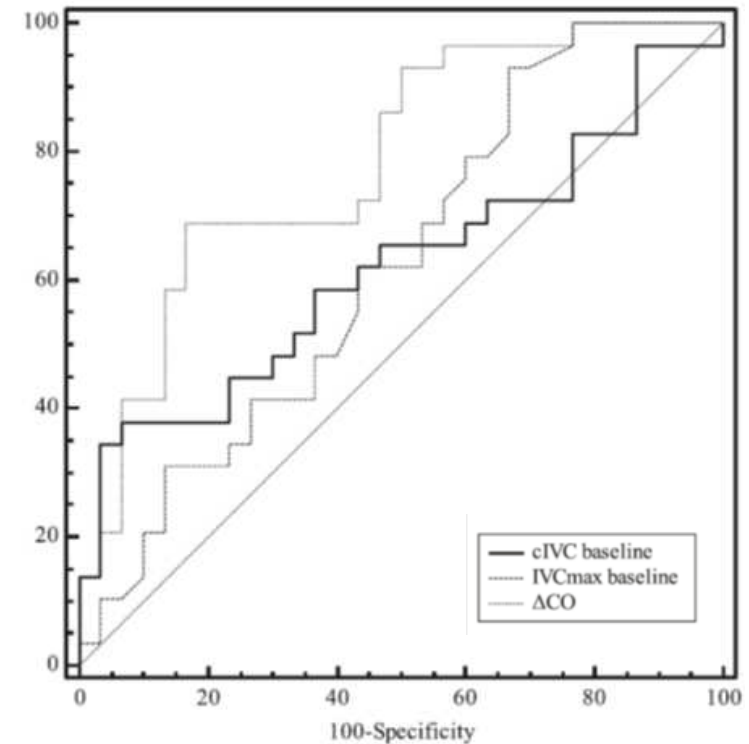
Values are expressed as the mean ± SD

IVCmax maximum inferior vena cava diameter, PLR positive leg raising, IVCmin

minimum inferior vena cava diameter, cIVC inferior vena cava

collapsibility index

\* = p < 0.05 vs. baseline



Airapetian, Maizel et al. Does inferior vena cava respiratory variability predict fluid responsiveness in spontaneously breathing patients? Critical Care, 2015

# Ventilation spontanée

## Diagnostic Accuracy of the Inferior Vena Cava Collapsibility to Predict Fluid Responsiveness in Spontaneously Breathing Patients With Sepsis and Acute Circulatory Failure

Sebastien Preau, MD, PhD<sup>1</sup>; Perrine Bortolotti, MD<sup>2,3</sup>; Delphine Colling, MD<sup>2,3</sup>; Florent Dewavrin, MD<sup>3</sup>; Vincent Colas, MD<sup>3</sup>; Benoit Voisin, MD<sup>2</sup>; Thierry Onimus, MD<sup>2</sup>; Elodie Drumez, BST<sup>2</sup>; Alain Durocher, MD<sup>2</sup>; Alban Redheuil, MD, PhD<sup>4</sup>; Fabienne Saulnier, MD<sup>2</sup>



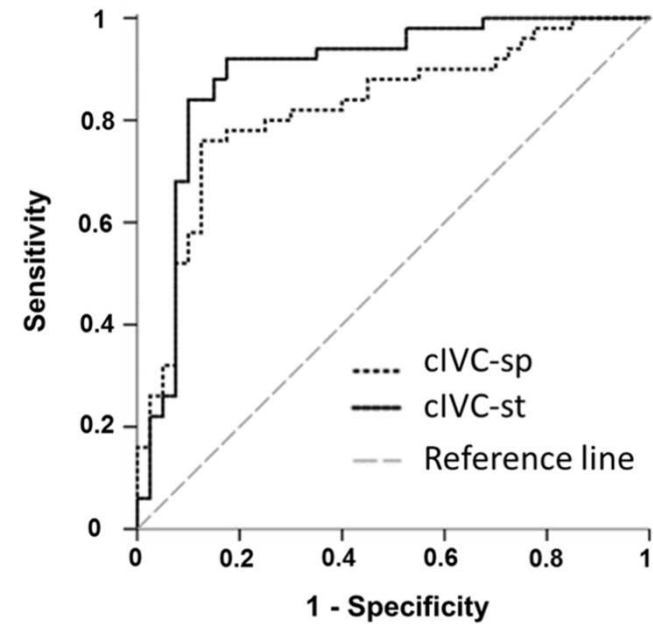
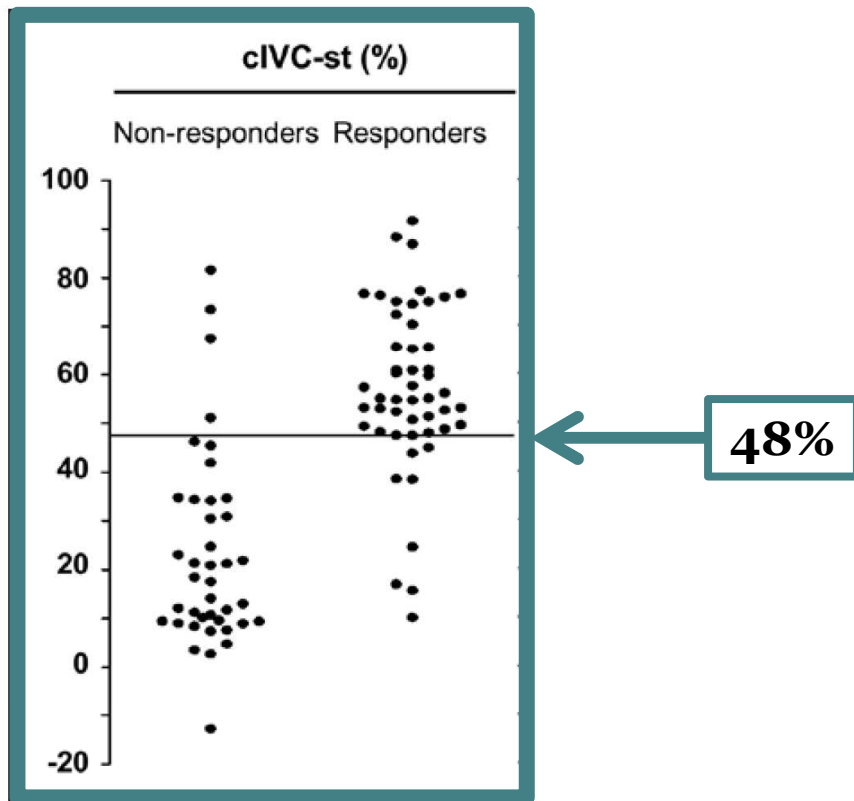
**Septembre 2016**

90 patients  
Non intubés  
Choc septique

Etude hémodynamique  
avant et après remplissage  
par 500 ml de gélatine 4%



# Ventilation spontanée



AUC = 0.89 [0.82-0.97]  
Se = 0.84 [0.71-0.93]  
Sp = 0.90 [0.76-0.97]

**Figure 2.** Individual values before volume expansion for each indicator, the collapsibility index of the inferior vena cava under standardized breathing (cIVC-st), collapsibility index of the IVC under spontaneous breathing (cIVC-sp), end-expiratory diameter of the IVC under standardized breathing (eIVC-st), and end-expiratory diameter of the IVC under spontaneous breathing (eIVC-sp) in patients with volume expansion-induced changes in stroke volume index of  $\geq 10\%$  (responders) and  $< 10\%$  (nonresponders).

**Table 1 Ten conditions potentially affecting inferior vena cava (IVC) ultrasound reliability in predicting fluid responsiveness (FR)**

Physiological determinant	Condition affecting IVC ultrasound reliability for FR	Cause of inaccuracy for FR	Type of inaccuracy for FR
Ventilator settings	1. Mechanical ventilation with high PEEP and/or low tidal volumes	Larger IVC size, potentially with systemic venous congestion and low respiratory variations, but coexisting with FR	FN
Patient's inspiratory efforts	2. Assisted ventilation modalities, NIV, CPAP	Spontaneous breathing activity makes IVC variation unpredictable	FP and FN
	3. Varying respiratory pattern in spontaneous breathing	Significant inspiratory effort, producing markedly negative intrathoracic pressures may induce IVCC in absence of FR	FP
		Shallow breathing, with small intrathoracic pressure changes, may induce absence of IVCC in presence of FR	FN
Lung hyperinflation	4. Asthma/COPD exacerbation	Lung hyperinflation and auto-PEEP simultaneously reduce venous return and induce IVC distension: this may mimic absence of FR  Forced expiration ("abdominal breathing" causing expiratory collapse) may mimic IVCC	FN  FP
Cardiac conditions impeding venous return	5. Chronic RV dysfunction, severe TR	Chronic enlargement of IVC and reduced IVCC may erroneously rule out FR	FN
	6. RV myocardial infarction	RV dilatation and systemic venous congestion (large IVC) may be associated with FR	FN
	7. Cardiac tamponade	Marked venous return hindrance: fluid challenge may be a beneficial haemodynamic intervention despite IVC plethora	FN
Increased abdominal pressure	8. Intra-abdominal hypertension	Smaller IVC size, IVCC or IVCC abolition (depending on type respiration/ventilation mode)	FP and FN
Other factors	9. Local mechanical factors	Venous return hindrance, IVC dilatation (stenosis, thrombosis)	FN
		IVC compression (masses)	FP
Hindrance to IVC size change (ECMO cannulae, cava filters)		FN	
	10. Patients with pronounced IVC inspiratory lateral displacement	Migration of IVC imaging plane, false inspiratory size reduction	FP

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# Conclusion

## **Facteurs prédictifs du remplissage**

- Ventilation contrôlée
  - Diamètre VCI < 12 mm
  - dIVC > 18%
  - $\Delta$ IVC > 12%
- Ventilation spontanée
  - Diamètre VCI télé-expi < 10 mm
  - cIVC > 48%
- Nombreuses limites +++